



Contra Costa County's own HMO, serving residents since 1974.

(877) 661-6230

Plan Highlights

Contra Costa Health Plan, founded in 1974, is stable and secure. CCHP is sponsored by the County of Contra Costa, is licensed by the California State Department of Managed Care, and is a federally qualified Health Maintenance Organization. Our over 50,000 members, therefore, have the assurance of knowing that CCHP must conform to the highest standards of care.

Our members appreciate

- * Affordable care, plus service
- * A comprehensive benefit package
- * Neighborhood Health Centers with extended hours for primary and urgent care services, and access to Contra Costa Regional Medical Center
- * An extensive network of community primary care and specialty physicians, and contracted community hospitals
- * A 24-hour Advice Nurse service available 365 days a year
- * Emergency services covered worldwide
- * A Health Plan affiliation with the University of California Medical School at Davis

Plan Providers

When you select Contra Costa Health Plan (CCHP) for yourself and your family, you are gaining access to over 150 Primary Care Physicians and over 300 Specialist doctors. CCHP offers a choice of two "provider networks": One, our Health Center Network, offers primary care and access to specialty care through eleven Health Centers and at the newest hospital in the East Bay, the Contra Costa Regional Medical Center. You would

simply select the Health Center most conveniently located for you, and your doctor there will make sure you get all the preventive care, routine care, and referrals for specialty care that you need. The Regional Medical Center and local health centers are affiliated with the University of California Medical School at Davis, so you can be assured that you are getting the best medical care available.

CCHP's other "provider network" is the "Community Physician Network". With offices throughout Contra Costa County, you will easily be able to select a Primary Care Physician near you. These community physicians are affiliated with one or more of six hospitals in the area. The Contra Costa six Regional Medical Center's specialty services are also available to physicians and members of this network.

How the Plan Works

Contra Costa Health Plan (CCHP) is available to MRMIP subscribers who live in Contra Costa County.

When you join the Contra Costa Health Plan, we encourage you to call our Member Services Department. Our friendly Member Services Representatives will take as much time as you need to help with selecting your Primary Care Physician, and with any other questions you may have about how to access your plan services. You can change primary care doctors at any time, by calling Member Services and choosing another doctor from the physician network you have selected.

The 24-hour Advice Nurses are available to members every day of the year. Advice Nurses offer confidential and professional health advice, referrals to personal health education classes and counseling, and important information about prenatal care services.

All new members will receive a Member Handbook, Combined Evidence of Coverage and Disclosure document, and a Health Plan membership ID card. Call CCHP Member Services (877) 661-6230 with any questions about your membership.

Your Co-Payments and Prescription Coverage

You will be responsible for paying a co-payment for some services, such as doctor visits and hospital stays. You will be charged 20% of the cost of your prescriptions, which must be obtained at Plan-authorized pharmacies.

The maximum amount of co-payments you will pay is \$2,500 per person, or \$4,000 per family, in any calendar year.

Maximum Benefits

Annual maximum benefits are \$75,000 per covered person, with a maximum lifetime benefit of \$750,000.

Important Information

To learn more about Contra Costa Health Plan's MRMIP, call our Marketing Department at (877) 661-6230.

The information presented on this page is only a summary. For exact terms and conditions please refer to the Evidence of Coverage booklet.

Contra Costa Health Plan

Benefit Summary

Type of Service	Description of Service	What You Pay Contra Costa Health Plan Provider
Calendar Year Deductible	There is no deductible	-0-
Co-payment	Your out-of-pocket expense for the cost of authorized and covered expenses	Inpatient medical \$200/day Inpatient psychiatric \$200/day Inpatient maternity \$200/day Outpatient ER \$25/visit Outpatient visits \$15/visit
Out-of-pocket Maximum	The annual maximum out-of-pocket expense you're responsible for (excluding unauthorized or non-covered services)	\$2,500 (per covered person) \$4,000 (per family)
Annual Benefit Maximum	The amount after which no more benefits are paid by Contra Costa Health Plan for authorized and covered services during a calendar year	\$75,000 (per covered person)
Lifetime Benefit Maximum	The amount after which no more benefits are paid by Contra Costa Health Plan for authorized and covered services during your lifetime	\$750,000 (per covered person)
Hospital Services	Semi-private room & board, and all medically necessary inpatient services and supplies including inpatient visits by physicians	\$200/day
Physician Care	Medical and surgical outpatient services performed or authorized by Contra Costa Health Plan provider	Office visits \$15/visit Well baby \$15/visit Physical exams \$15/visit
Diagnostic X-ray and Lab Tests	Inpatient and outpatient diagnostic X-ray and laboratory	-0-
Prescription Drugs	Drugs prescribed by a physician	20% of the cost of prescription obtained at Plan-authorized pharmacies
Durable Medical Equipment & Supplies	Purchase or rental as authorized by Contra Costa Health Plan and required for care of an illness or injury	-0-
Maternity Care	Treated as any other medical condition: Inpatient Outpatient	\$200/day \$15/visit
Ambulance	Ambulance service when required for an emergency or approved by a Contra Costa Health Plan physician	-0-
Emergency Care Services	Services in an emergency room for emergency care only – non-emergency care not covered	\$25/visit
Mental Health Care	Inpatient visits up to 10 days per calendar year Outpatient visits up to 15 visits per calendar year Excludes chemical dependency treatment and severe mental illnesses, including serious emotional disturbances in children.	\$15/visit \$200/day
Home Health Care/ Home Hospice Care	Medically necessary visits when authorized for diagnostic and treatment service and nursing care	-0-
Skilled Nursing Services	Provided only when Contra Costa Health Plan authorizes as medically necessary and more cost effective	-0-
Speech/Physical/ Occupational Therapy	Provided for conditions expected to result in significant improvement within two months	\$15/visit
Other	Blood and blood plasma, 24-hour Advice Nurse, member services, health education, and case management	-0-

Note: All benefits are covered by Contra Costa Health Plan only if they are prescribed or directed by a Contra Costa Health Plan physician. Other Plan limitations and exclusions apply. Please refer to the Evidence of Coverage for disclosure of Plan limitations and exclusions.
Contra Costa Health Plan is available only to residents in Contra Costa County.